

Run to the Shrine - Frequently Asked Questions



How is the 4-mile course different than the previous 5K and 10K courses?

The 4-mile course begins approximately where the 5K course started prior to 2017, near the Zoo's gift shop. The course will follow the same route through the Zoo and up to the Shrine of the Sun before coming back down into the Zoo. Rather than have the finish line way above the Zoo on the mountainside, the 4-mile course will end inside the Zoo, near Lodge at Moose Lake.

Is it okay to bring a stroller?

Only approved jogging strollers with tethers and hand brakes are allowed on the full race course. Non-jogging strollers are only permitted on a small portion of the race course, and will be turned around at the top of the Zoo for safety. For the safety of all participants, non-jogging strollers are not allowed beyond this point.

All strollers should remain at the back of the pack during the walk or run, and please take care to leave ample space between the front of the stroller and the walkers/runners ahead.

Can I bring my pet to the run?

No pets are allowed inside the Zoo or on the run course.

Can I use headphones or earbuds, roller blades, inline skates, bicycles?

For the safety of all participants, we discourage the use of headphones/earbuds. Skate boards, roller blades/inline skates/Heely's® and bicycles are not allowed on the run course.

Can I come as a spectator?

Yes! Spectators are not required to register for Run to the Shrine but must pay Zoo admission to enter the Zoo as an observer. Spectators will be encouraged to gather near My Big Backyard to cheer on the finishers. Run participants must register in order to be allowed on the run course.

What type of run terrain can be expected?

The race course begins near Cheyenne Mountain Zoo's admissions gate, curves through the Zoo, up to Will Rogers Shrine and ends back down inside the Zoo. Although Shrine Road is primarily paved, there are sections of gravel and rocky terrain. Sections of the road do not have guard rails. The terrain boasts an 8% grade and a 935-foot rise in elevation over the course, providing a unique challenge to area athletes.

How can I volunteer on Run day?

We depend on volunteers to make this event happen. If you would like to join our volunteer team, please call 633-9925, ext. 127 or email edprograms@cmzoo.org.

What happens if the weather is bad?

This event will occur, regardless of weather. We reserve the right to cancel in extreme circumstances. Refunds will only be issued if the race is officially canceled.

Thank you for running like an animal with us!